

## Abigail Vargas Biography

Abigail Vargas is a modern textile artist based in Winters, CA. and has been creating quilts for the last 8 years. Her work has been juried into numerous National shows, including Quiltcon, Radical Regeneration Exhibit at San Jose Museum of Quilts & Textiles, IQFAF in Everett, WA and Quilts=Art=Quilts Exhibit at Schweinfurth Art Center, Auburn, NY. Her work can also be found in various Curated Quilts magazines and recently she designed a block for the National Quilt Museum Block of the Month Club. Abigail's work expresses her passion for storytelling through working fragments of fabric and color into vibrant modern quilts about nature, science, and family history.

Abigail has a business degree from University of San Francisco. The degree allowed her to use her artistic skills to create a one-of-kind children's and women's clothing brand from repurposed fabrics with a large following through the 2000s. Now she enjoys a creative career as an Analyst digging into pieces of data and creating a story for business owners to help improve their operations. When she has time away from her career, she shares her passion for discovering inner creativity, collaborating on art projects with other quilters and teaching techniques that use fabric for art.

Website: [www.avargasdesigns.com](http://www.avargasdesigns.com)  
Instagram: @avargasdesigns

## Kathy M. Hellesen Biography

Kathy is the immediate past president of the Sacramento Modern Quilt Guild, having served 3 years that coincided with the Covid pandemic shutdowns (2020-22). This gave her plenty of experience running meetings online via Zoom. She previously was the director of programs for SacMQG, and now heads the committee for guild challenges. She directed the guild's collaboration quilt "Diamonds Are a Guild's Best Friend," which was displayed at Quiltcon 2022.

Kathy started sewing in childhood and discovered quilting in college, during the cardboard-template-and-scissors era. She later stumbled across modern quilt techniques, fell in love with improvisational quilting, and found her quilting home with the Sacramento guild. She's a retired journalist who spent the final 22 years of her career at the Sacramento Bee. When she's not sewing, she's volunteering as a certified master gardener or working on the blog she co-founded, Sacramento Digs Gardening.

Instagram: @kathmosacto



Abigail Vargas



Kathy M. Hellesen